



Address

Getting Heard

formerly Oxfordshire Advocacy

Barton Neighbourhood Centre

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Company Number: 6845465

Charity Number: 1131403

**monument
community trust**
Supporting Oxfordshire Charities & Community Groups



Booklet sponsored by Monument Community Trust

What is Getting Heard?

Our trained staff and volunteers help people in Oxfordshire to be heard.



Talking to them is **free** and **confidential**.



Confidential means that they will not tell anyone what you have said unless you ask them to or if you or somebody else is in danger.

What can Getting Heard do?



Help you speak up for yourself or speak to people for you.



Help you to write letters or emails, or to make telephone calls.



Find out information for you.



Come with you to meetings and appointments.

Who do we help? All people. Including...



Older people



People with a physical disability



People with a learning disability



People with mental health needs

Where do we work? Everywhere. Including...



In the community



In care homes and hospitals

What issues can we help with?



Housing



Health



Support Services



Complaining



and other things

Be a volunteer



We will train you to help other people.



There is information about this on our website
www.gettingheard.org

Donate money



Our service is free but you can make a donation if you want to.

How can you contact us?



Phone **0300 343 5718**



Email **advocacy@gettingheard.org**